

SAILING INSTRUCTIONS

RYA SOUTH & SOUTH WEST ZONE

CHAMPIONSHIPS



WEYMOUTH & PORTLAND NATIONAL SAILING ACADEMY

26TH & 27TH SEPTEMBER 2015

The 2015 RYA Zone Championships will be held at Weymouth & Portland Sailing Academy (WPNSA)

26th and 27th September 2015. The Organizing Authority is the Royal Yachting Association (RYA) in conjunction with WPNSA

1. RULES

The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.

- 1.1 Entrants and authorised guests are temporary members of Weymouth & Portland National Sailing Academy (WPNSA) during the period of the event and shall comply with WPNSA Rules and Bylaws. Failure to observe these rules may result in the imposition of penalties, including disqualification from the event.

2. NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the official notice board, located in the events hall.
- 2.2 Communication with Topper sailors will be by their Championship number. All Toppers will be expected to use their 2015 Topper Championship Number. (This Changes rule 77) Those without such numbers will be allocated a number at registration to use for this championship. It is the responsibility of the competitor to position this number on their sail in the required place. All identifications of Toppers, including scores and protest notices, will be by championship number.
- 2.3 **Windsurfer Identification**
All windsurfers will be allocated sail identification dots to indicate which fleet they are racing in. It is the responsibility of the competitor to position this number on their sail in the required place. These should be put in the panel above the boom, 10 cm's in from the clew, back to back on both sides of your sail. In the event that the change down sail is used additional colored dots must be collected from the race office. Windsurfers without colored dots on their sail may not be given a finishing position.

Race Dot Colours

Fleet	Dot Colour
4.5	Fluro Orange
5.8	Red
6.8	Blue
7.8	Yellow

3. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted on the official notice board at least one hour before the advertised warning signal of the race or races concerned, and signaled by displaying flag L ashore (SI 4). However, any change to the schedule of races will be posted by 19:00 hours on the day before it will take effect.

4. BRIEFING

There will be a competitors briefing at 10.30am on Saturday in the event hall.

5. SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed on the flagstaff at WPNSA outside the Race Control Office. Flag L may also be displayed on a committee boat at the jetty. When a signal is displayed over an area, class, or fleet flag it applies to that area, class, or fleet only.

- 5.2 Boats may not launch until Flag R is displayed with a sound signal. The warning signal will be made not less than 20 minutes after Flag R is displayed and not before the scheduled time, whichever is later.
- 5.3 The Onboard (OB) Regatta Fleet may not launch until the Onboard White Flag is displayed with a sound signal. Launching and race times may be further communicated by the Regatta fleet coaches assigned to this course area.
- 5.4 Flag L with a sound means: 'A notice to competitors has been posted'.
- 5.5 When Flag AP is displayed ashore race signal AP is changed in that "1 minute" is replaced by 'not less than 30 minutes'. This changes race signal AP.



6. SCHEDULE OF RACES

- 6.1 The series may consist of up to 7 races for Dinghies and up to 10 races for Windsurfers and the OB Regatta Fleet.
- 6.2 The intention is that races will start at the following times each day and that fleets will use the following course formats. However, any refinements and more detailed intentions will be announced on the day:

Dinghy

Day	Course	Races	Time of Warning Signal	Suggested course
Saturday	Orange	Up to 4 Races	Scheduled time of warning signal for first race 11:55 RS Feva 12.00 Topper	RS Feva (Outer loop or Inner loop) Topper (Outer loop or Inner loop)
	Blue	Up to 4 Races	Scheduled time of warning signal for first race 11:55 Optimist	Optimist (Outer Loop or Inner loop)
Sunday	Orange	Up to 4 Races	Scheduled time of warning signal for first race 10:25 RS Feva 10:30 Topper	RS Feva (Outer loop or Inner loop) Topper (Outer loop or Inner loop)
	Blue	Up to 4 Races	Scheduled time of warning signal for first race 10:25 Optimist	Optimist (Outer loop or Inner loop)

- 6.3 The race committee may split the dinghy entry into flights, in which case each boat shall, while racing, display from the top of her sail a coloured pennant (issued at registration) corresponding to her flight colour. When the entry is divided in to four flights, the races will be started as follows.

Race Number	1 st Start	2 nd Start
1	Yellow and Blue	Red and White
2	Yellow and Red	Blue and White
3	Yellow and White	Blue and Red
4	White and Red	Blue and Yellow
5	White and Blue	Red and Yellow
6	Red and Blue	White and Yellow
7	Yellow and Blue	Red and White

Regatta Fleet

Day	Course	Races (up to a maximum of 10 races)	Time of Warning Signal
Saturday	Regatta (Green)	Up to 6 races	Race Training or Scheduled Races from 11:00am
Sunday	Regatta (Green)	Up to 6 races	Race Training or Scheduled Races from 10:00am

Windsurfer





Day	Course	Races (up to a maximum of 10 races)	Time of Warning Signal
Saturday	Windsurfer (Yellow)	Up to 6 Races	Race Training or Scheduled Races from 11.55 am
Sunday	Windsurfer (Yellow)	Up to 6 Races	Race Training or Scheduled Races. From 10:25 am

- 6.4 Races will start as soon as practically possible after the finish of the previous race.
- 6.5 To alert boats that a race or sequence of races will begin soon, an Orange flag will be displayed with one sound signal at least Five minutes before the warning signal is displayed.
- 6.6 No Warning signal will be made after 15:00 on Sunday 27th September 2015.

7. CLASS FLAGS





Class flags will be as follows:

Dinghy

Class	Description	Picture
Topper	Code Flag T	T 
Optimist	Code Flag O	O 
Feva XL	Class Flag	F 
Regatta fleet	OnBoard Flag	

- 7.1 However when the fleet is divided into flights, the class flag(s) for each flight will be those flags which colour corresponds to the flight colour. The flight flags will be flown together to denote the composition of the start. This will act as the warning signal for the start, For example: Yellow over Red.

Windsurfer

Class	Description	Picture
6.8 , 7.8 Techno	Black Flag Orange Numbers	 
4.5, 5.8 Open	Black Flag Orange Numbers	 

8. RACING AREAS

- 8.1 Colours Yellow, Orange and Blue designate racing areas.
8.2 The racing areas will be Portland Harbour or Weymouth Bay.
8.3 Classes are assigned to racing areas as follows:

Area	Classes
Yellow	Windsurfing
Orange	Topper and RS Feva
Blue	Optimist
Green	Regatta Fleet

9. THE COURSES

- 9.1 The diagrams in Attachment A show the courses, including the course letters, the order in which marks are to be passed, and the side on which each mark is to be left.

Dinghies

The dinghy Race Committee for each course area will display the class, and flights (if used), the course letter and the number of laps to be sailed on a board at the back of the main Committee Boat.

Windsurfers

The Windsurf Race Committee will display the class(es), the course letter and the number of laps for each class on a board at the back of the Committee Boat.

10. MARKS

- 10.1 Marks will be inflatable buoys, colour as per the course area.
10.2 New marks, as provided in instruction 12, will be of the same shape and colour as the original marks.
10.3 Starting marks will be a race committee boat at the starboard end (including any buoy, object or boat attached to it for the duration of the starting period), and a boat or buoy with an orange flag at the port end.
10.4 Finishing marks will be a race committee boat and a boat or buoy with an orange flag.

11. THE START

- 11.1 The starts will be started in accordance with RRS Rule 26

Title	Minutes Before Starting Signal	Flag & Sound
Warning	5 minutes	Class Flag ; 1 sound signal
Preparatory	4 minutes	Either Flag P or Flag I or Flag U or Black Flag up 1 sound signal
1 minute period	1 minute	Either Flag P, I, U or Black down and one long sound signal
Starting	0 minute	Class Flag Removed ; 1 sound signal



- 11.2 The starting line will be between staffs displaying orange flags on the starting marks.
11.3 Boats whose warning signal has not been made shall avoid the starting area.
11.4 A boat starting later than 4 minutes after her starting signal will be scored Did Not Start. This changes rules A4 and A5.
11.4 If flag U has been displayed as the preparatory signal, no part of the boat's hull, crew or equipment shall be in the triangle formed by the ends of the starting line and the first mark during the last minute before her starting signal. If a boat breaks this rule and is identified, she shall be disqualified without a hearing but not if the race is restarted or re-sailed or postponed or abandoned before the starting signal. Rule 29.1 Individual Recall will not apply. This changes rule 26 and 29.1.

12. CHANGE OF THE NEXT LEG OF THE COURSE

To change the next leg of the course, the race committee will move the original mark (or the finishing line) to a new position, or lay a replacement mark and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

13. THE FINISH

- 13.1 The finishing line will be between staffs displaying orange flags on the finishing marks.
- 13.2 A blue flag means that the Race Committee boat is in position at the finishing line.
- 13.2 Back markers may be given their finishing position as taken on the course by a Race Committee boat displaying Flag W.

14. TIME LIMITS & TARGET TIMES

Time limits and target times are as follows:

Class	Time limit	Target time
Dinghy classes	90 minutes	40 minutes
Windsurfers	45 Minutes	20 Minutes

15. ADVISORY & ARBITRATION HEARINGS; EXONERATION PENALTY

The Advisory Hearing and RYA Arbitration procedures of the RYA Rules Disputes procedure will be available.

15.1 Exoneration Penalty

- 15.1.1 A boat that may have broken a rule of Part 2, rule 31 or rule 42, may, after finishing the race concerned and before the start of a related protest hearing, notify the Race Committee that she accepts a 30% scoring penalty as stated in rule 44.3(c), except that the minimum penalty is two places provided that does not result in a score worse than DNF. This penalty does not reverse an OCS score, a disqualification under rule 30.3 or a penalty under Appendix P. It is not available for a breach of rule 2 or of class rules or for gross misconduct under rule 69. Nor is it available to a boat that caused injury or serious damage, or gained a significant advantage by her breach: in these circumstances, her penalty is to retire.

- 15.1.2 When an Exoneration Penalty is accepted,

- (a) Neither the boat nor a protest committee may then revoke or remove the penalty.
- (b) The boat shall not be penalized further in a protest hearing when the protest committee decides that it was appropriate to the facts found and the applicable rules.

15.2 Advisory Hearing

When there is an incident that will not result in the lodging of a protest or a request for redress, a boat, Protest Committee or Race Committee may request an advisory hearing with the race office, and notify any boat involved in the incident. An Adviser will then call a hearing to learn what may have happened and will state whether any rule appears to have been broken, and by which boat. A boat may as a result notify the Race Office that she accepts an Exoneration Penalty when it applies to the incident, or choose to retire.

15.3 RYA Arbitration

- 15.3.1 When a protest or request for redress is lodged, a boat may at the same time request RYA Arbitration, or the Protest Committee or Race Committee may offer it.
- 15.3.2 If the parties and a member of the protest or race committee agree that RYA Arbitration is suitable, an Arbitrator (who may be that member of the Protest Committee) will call a hearing conforming to Section B of Part 5 of the Racing Rules of Sailing, except that rule 64.1(a) will not apply. Instead when the Arbitrator decides that a boat that is a party to the arbitration hearing has broken a rule for which the Exoneration Penalty is available, the party will be invited to accept that penalty, and, if it is accepted by a protested boat, the protesting boat will be allowed to withdraw the protest, changing rule 63.1.
- 15.3.3 When there is not an agreement to use RYA Arbitration, or when, after RYA Arbitration, a protest is not withdrawn or the Exoneration Penalty is not applicable to the facts, there will be a normal protest hearing, at which the Arbitrator may be a member of the Protest Committee. Rule 66 and 70 (reopening and appeal, respectively) do not apply to the arbitration decision since this is not a protest committee decision or procedure. . A boat may still accept an

Exoneration Penalty at any time before the start of a protest hearing and receive its protection from further penalisation. She may also retire.

- 15.3.4 When redress is offered and accepted at the RYA Arbitration, all parties the Protest Committee or Race Committee may seek to have this reviewed by asking for a full hearing. When redress is offered and not accepted, or not offered at all, the boat may have her request heard before a Protest Committee.

16. PROTESTS & REQUESTS FOR REDRESS

- 16.1 Boats intending to lodge a protest must inform the race committee finishing vessel upon finishing the race. Note that an Advisory Hearing as defined in 15.2 does not require a sailor to inform the race committee boat at the finish of the race.
- 16.2 Protest forms are available at the protest office, located next to the race office. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 16.3 For each class or fleet the protest time limit is 45 minutes after the last boat has finished the last race of the day.
- 16.4 Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. The location and time of hearings will be posted.
- 16.5 Notices of protests by the race committee or protest committee will be posted to inform boats under rule 61.1(b).
- 16.6 Breaches of instructions 5, 11.3, 18, 20, 21, 22, and 23 will not be grounds for protest by a boat. This changes rule 60.1. Penalties for these breaches may be less than disqualification if the protest committee so decides.
- 16.7 On the last scheduled day of racing a request for reopening a hearing shall be delivered:
(a) Within the protest time limit if the requesting party was informed of the decision on the previous day.
(b) No later than 30 minutes after the requesting party was informed of the decision on that day. This changes rule 66.
- 16.8 On the last scheduled day of racing a request for redress from a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes rule 62.2.

17. SCORING

- 17.1 The low point scoring system of Appendix A will apply, Rule B8 is deleted.
- 17.2 One race is required to be completed to constitute a regatta for all boats.
- 17.3 When fewer than 3 races have been completed, a boat's series score will be the total of her race scores.
When 3 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- 17.4 To request correction of an alleged error in posted race or series results, a boat shall complete a scoring enquiry form available at the race office.
- 17.5 The scoring abbreviation for a discretionary penalty imposed under instruction 16.6 will be DPI.

18. SAFETY REGULATIONS

- 18.1 All competitors shall wear a personal flotation device at all times when afloat, except briefly when changing or adjusting clothing or personal equipment. Wet suits and dry suits are not personal flotation devices. This changes rule 40.1
- 18.3 A boat that retires from a race shall notify the race committee as soon as possible.
- 18.4 Boats wishing to sail ashore before the end of the day's racing shall not do so unless authorized by a safety boat. The safety boat will instruct boats in the procedure for returning ashore.
- 18.5 Boats shall follow the instructions of the safety boats. Failure to do so will be reported to the race committee, which may protest the boat. Boats penalised under this instruction may be scored DNE, or such other penalty that the protest committee may decide. This changes rule 64.1(a).
- 18.6 Outside Help: Penalties for breaches of rule 41 (Outside Help) will be at the discretion of the protest committee. Any outside help shall be reported to the protest committee on a form available from the race office or the protest desk before the protest time limit on the day concerned.

19 Areas that are Obstructions

- 19.1 Boats shall not sail through the mooring area (R.N.S.A Moorings) outside Portland marina entrance.
- 19.2 A safety boat in close attendance to a craft or competitor in difficulty is an obstruction

20 Tallies

- (a) The tally control point to check-out and check-in competitors will be located under the main balcony for the dinghy fleets. For the Windsurfer class it will be located near the windsurfer dinghy park.
- (b) Tallies comprise numbered and colour coded rubber wrist bands. Tallies must be worn visibly, over clothing, on the right wrist and shall be worn by both helm and crew whilst float.
- (c) Both helm and crew shall individually tally-out before racing by personally collecting their tally, and tally-in as soon as practically possible upon returning to shore after racing by returning the tally to tally control. Tally numbers will be issued at registration.
- (d) Boats whose crew fails to comply may accept the fine penalty in SI 17 without a hearing. Infringements will be posted on the official notice board before the protest time limit. This changes rule 63.1.

21. REPLACEMENT OF CREW OR EQUIPMENT

- 21.1 Substitution of competitors will not be allowed without prior written approval of the race committee.
- 21.2 Substitution of damaged or lost equipment will not be allowed unless approved by the race committee. Requests for equipment substitution shall be submitted in writing using forms available from the race office or the protest desk, which shall be delivered to the protest desk before the protest time limit on the day the replacement equipment has first been used. Failure to comply with this requirement, the refusal of the request, or the failure of any replacement equipment to comply with the class rules, will result in the boat being scored DNE for the race or races concerned.

22. OFFICIAL and SUPPORT BOATS

All support boats are required to register at the race office before going afloat. Only Official boats will be permitted into the race area. The penalty for failing to comply with this requirement may be disqualification of all boats associated with the support personnel who do so. The crews of all Official Boats are designated members of the race committee.

23. TRASH DISPOSAL

Trash may be placed aboard support, rescue and race committee boats. The penalty for breaking rule 55, Trash Disposal, is at the discretion of the protest committee (DPI) and may be less than disqualification.

24. BERTHING

Boats shall be kept in their assigned spaces in the boat park.

25. RADIO COMMUNICATION

A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction includes mobile telephones.

26. DISCLAIMER OF LIABILITY

Risk Statement

RRS Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."

Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;

- c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omission;
- d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- e) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
- f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.

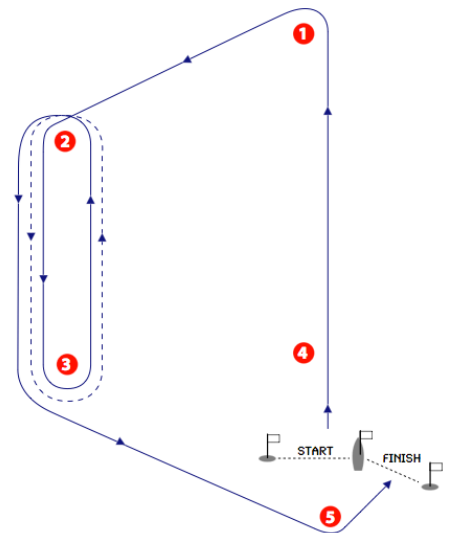
27. INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3million per event or the equivalent.

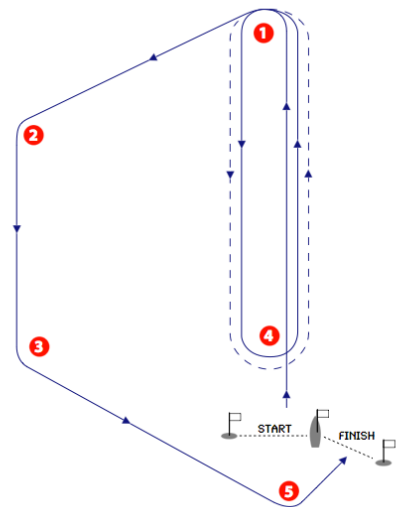
Appendix A Course diagrams

Dinghy Courses

Course O : Outer Loop, Reaching Finish	
Course Board	Mark Rounding Order
O2	Start - 1 - 2 - 3 - 2 - 3 - 5 - Finish
O3	Start - 1 - 2 - 3 - 2 - 3 - 2 - 3 - 5 - Finish
O4	Start - 1 - 2 - 3 - 2 - 3 - 2 - 3 - 2 - 3 - 5 - Finish



Course I : Inner Loop, Reaching Finish	
Course Board	Mark Rounding Order
I2	Start - 1 - 4 - 1 - 2 - 3 - 5 - finish
I3	Start - 1 - 4 - 1 - 4 - 1 - 2 - 3 - 5 - finish
I4	Start - 1 - 4 - 1 - 4 - 1 - 4 - 1 - 2 - 3 - 5 - finish

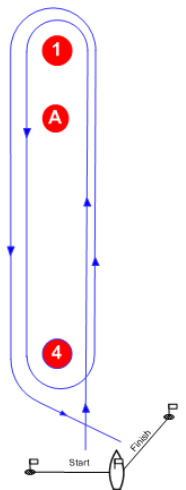


Windsurf Courses

Course WSR : Windward/Leeward 4.5 / 5.8	
Course Board	Mark Rounding Order
WS2	Start - A - 4 - A - 4 - Finish
WS3	Start - A - 4 - A - 4 - A - 4 - Finish
WS4	Start - A - 4 - A - 4 - A - 4 - A - 4 - Finish

Course WLR : Windward/Leeward 6.8 / 7.8	
Course Board	Mark Rounding Order
WL2	Start - 1 - 4 - 1 - 4 - Finish
WL3	Start - 1 - 4 - 1 - 4 - 1 - 4 - Finish
WL4	Start - 1 - 4 - 1 - 4 - 1 - 4 - 1 - 4 - Finish

For these courses Mark 1 will be Red
Mark 4 and A will be Yellow.



Course Box all Fleets	
Course Board	Mark Rounding Order
B1	Start - 1 - 2 - 3 - 4 - Finish
B2	Start - 1 - 2 - 3 - 4 - 1 - 2 - 3 - 4 - Finish
B3	Start - 1 - 2 - 3 - 4 - 1 - 2 - 3 - 4 - 1 - 2 - 3 - 4 - Finish

